

The Ohio Mental Health Network for School Success helps schools, community agencies and families work together by providing promotions, evaluations, technical assistance, training webinars, information briefs and six regional networks of support

Through *Project AWARE Ohio* efforts, the Ohio Mental Health Network for School Success and the Center for School Based Mental Health Programs at Miami University are promoting best practice resources and programs of excellence (poe.oberlinkconsulting.com) throughout Ohio. These resources support positive mental wellness in developing overall health.

The first resource is a compendium of 50 no-cost, freely accessible mental health, social-emotional, and behavioral screening instruments for use with children and adolescents. This compendium includes a comparison chart of the screening tools, along with further details for each instrument, and an index for identifying screeners for a particular problem or disorder.

The OMHNSS Information Briefs contain the newest research topics such as Trauma Informed Schools, School-Based Mindfulness Interventions or Collaborations Between School and Home, to name a few. Go to www.resources.oberlinkconsulting.com

The School and Community Continuum of Services is a mapping resource that identifies school and community agencies and links. The map provides county level access to coordinated safe and supportive school-based services. This web-based product provides information about each of the multi-tiered levels of prevention, intervention, and treatment services in local agencies. Go to www.continuum.oberlinkconsulting.com

The Quality and Effective Practice (QEP) Registry is a listing of successful strategies and programs across Ohio that achieve positive outcomes related to academic and social-emotional needs of students. This registry highlights schools and school-mental health partnerships that are demonstrating effective implementation of a program or strategy that is successfully addressing academic and/or social-emotional needs of students in their community. Go to omhnss.org

Through the Project AWARE Ohio initiative and partnerships, Youth Mental Health First Aid classes are being offered to adults who work with and/or live with adolescents age 12-18. In the class, you will learn to:

- 1) Identify the risk factors and warning signs of mental health concerns,
- 2) Obtain information on depression, anxiety, trauma, psychosis, and substance use,
- 3) Learn a 5-step action plan to help an adolescent with mental health concerns or experiencing a crisis,
- 4) Identify resources and supports available locally to assist youth in overcoming these challenges.

For more information about YMHFA class hosting and other connections in your region, please contact Kathleen Oberlin, Ohio Mental Health Network for School Success at oberlink2@gmail.com or Dr. Cricket Meehan, Center for School Based Mental Health Programs, Miami University at meehandc@miamioh.edu

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